Gulf Coast
OBSTETRICS & GYNECOLOGY

DEXA INFORMATION FOR SCHEDULED PATIENTS

To ensure our Technician is able to complete your scan and to assist our physicians in receiving the best report possible for your care, please follow the guidelines below.

DO NOT have a Barium Study or IVP Dye 3 days prior to the exam. Example: Barium Enema, IVP Kidney Study, Radiation treatment, Chemotherapy or MRI with contrast.

DO NOT take Calcium, Actonel, Boniva or Fosomax for 24 hours prior to your exam.

DO NOT take your multi-vitamin for 24 hours prior to your exam.

DO NOT take Stomach Products-Pepto Bismo, Tums, Maalox for 24 hours prior to your exam.

DO NOT wear metal snaps, metal buckles or any other metal blocking your naval area.

PLEASE do not wear Jeans and please remove any naval piercings.

PLEASE limit the amount of perfume or lotion you use prior to the exam.

If you have questions or concerns, please call and speak with your Physician's Medical Assistant.

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